

## Care and maintenance

The walking frame should be regularly checked for signs of damage or wear and tear. Check for:

- Damage to tubing, including any bends or cracks at the tube joints.
- Worn or loose push buttons or elongated holes.
- Loose or worn handgrips or wheels.
- Smooth, worn or split tips.
- Loose or unscrewed fasteners.

Replacement tips are available from Drive DeVilbiss Healthcare Ltd.

### Cleaning:

The walking frame should be cleaned regularly with a damp cloth and mild detergent.

Bleach, solvents, or abrasive detergents should not be used.

If it is necessary to decontaminate the walking frame, wipe down with a 0.1% chlorine solution (1000ppm) in cold water. Rinse down with cold, clean water using a clean cloth. Ensure the frame is fully dry before putting back into use.

## Specification

Maximum user mass: 160kg (25 stone)

REF	Description	Size	Width	Depth	Height
10281-30	Narrow	Medium	51cm	45cm	78 - 85cm
10282-30	Narrow	Large	53cm	52cm	86 - 93cm
10283-30	Domestic	Small	61cm	50cm	67 - 74cm
10284-30	Domestic	Medium	60cm	51cm	77 - 84cm
10285-30	Domestic	Large	60cm	52cm	87 - 94cm
10281W-30	Narrow	Medium	51cm	48cm	79 - 86cm
10282W-30	Narrow	Large	53cm	55cm	87 - 94cm
10283W-30	Domestic	Small	61cm	53cm	68 - 75cm
10284W-30	Domestic	Medium	60cm	54cm	78 - 85cm
10285W-30	Domestic	Large	60cm	55cm	88 - 95cm

Weight of walking frame approximately 2.5kg (5.5lb)

## Warranty details

Your Drive DeVilbiss branded product is warranted to be free of defects in materials and workmanship for one year from date of purchase.

This device was built to exacting standards and carefully inspected prior to shipment. This warranty is an expression of our confidence in the materials and workmanship of our products and our assurance to the customer.

In the event of a defect covered by this warranty, we will at our option supply parts or replace the device.

This warranty does not cover device failure due to owner misuse or negligence, or normal wear and tear. The warranty does not extend to non-durable components, such as rubber accessories, castors, and grips, which are subject to normal wear and need periodic replacement.

If you have any queries or require full warranty conditions, please contact your Drive DeVilbiss stockist.

If use of the walking frame results in a serious incident, contact either Drive DeVilbiss Healthcare or your local Competent Authority.

If maintained correctly, the walking frame has an expected life of 5 years.

When the frame has come to the end of its useful life, follow the local recycling and disposal policies.



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# Walking Frame

## User Manual

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## introduction

 To minimise the risk of injury from improper and unsafe use of this walking frame, read the instructions and safety precautions before using.

### Intended purpose

A walking device manipulated by both arms to provide support to a person whilst walking.

### Environment of use

The walking frame is suitable for indoor use only.

### Intended users

Any individual who has difficulty in walking and/or has reduced mobility.

### Contraindications:

User is unable to weight bare.

User is unable to adequately manoeuvre the walking frame.

Users with Hemiplegia.

Users with only one arm.

Users who weigh in excess of 160kg.

Other contraindications may be relevant which are specific to the patient or care environment.

## safety precautions

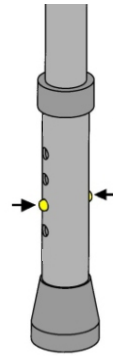
- Healthcare professionals must carry out a risk assessment to ensure that the walking frame is suitable for the specific user and that they are trained in how to use it safely.
- Not to be used by persons heavier than 160kg (25 stone)
- Ensure that all the legs are set to the same height and that the frame is at the correct height for the user.
- Ensure that the push buttons have securely locked the legs in position.
- Ensure the tips have sufficient grip and beware of slippery surfaces such as wet floors.
- Check the tips regularly - replace if worn and uneven.
- Inspect the walking frame regularly for signs of damage or wear (see care and maintenance section).

- If using with a chair, ensure that the chair has arms and a high seat to help you stand up and sit down easily.
- Ensure there are no obstacles on the surface such as rugs or loose flooring.
- Avoid uneven surfaces and sideways sloped surfaces. Take care when descending ramps.
- Take care when storing or carrying the frame to avoid damage. In the event of an incident the frame must be inspected before use.
- To avoid high surface temperatures, ensure the walking frame is not left in direct sunlight.

## height adjustment

The height of the walking frame should be adjusted to suit each user for safety and comfort.

To adjust the leg height:



1. Push in the buttons (as indicated in the diagram)
2. Extend or retract the leg to raise or lower the frame height accordingly.
3. When the required height is reached, release the buttons and ensure the leg locks into position.
4. Repeat for the other legs, ensuring all legs are securely locked in position and are all adjusted to the same height.

Note: Some models come with front wheels. For these models the rear legs should be set 1 hole higher than the front legs to compensate for the extra height of the wheels, if a flatter handgrip angle is required.

A Healthcare Professional must check that the walking frame is set to the correct height for the user.

## using the walking frame

### Walking:

1. Place the walking frame one step ahead and place all four legs on the floor.
2. Step forward with the worst affected leg first, then bring the second leg forward, level or just past the first leg. Do not step too far into the frame.
3. For wheeled walking frames, slightly lift the rear tips off the floor and push the frame a short distance ahead. Place all four legs on the floor, then step forward with the worst affected leg leading.

### Glide caps:

The wheeled walking frames come with optional glide caps to help users walk on surfaces such as carpet. These should only be used on suitable indoor surfaces.



To install the glide caps, push the cap onto the bottom of the rear tips (as shown). Pull down on the glide caps to remove.



Consult a Healthcare Professional before using the glide caps.

## using the frame with chairs

### To sit down:

1. Turn around in front of the chair, so that you have your back to the chair. Ensure that you can feel the chair behind you, on the back of your legs.
2. Place one hand back onto the arm of the chair, then the second hand. Bend slightly forwards and lower yourself gently onto the seat.

### To stand up from a chair:

1. Position the walking frame in front of the chair.
2. Stand up from the chair, placing your hands on the chair arms, if necessary. When stood up, move your hands to the walking frame handgrips, before beginning to walk.



Do not use the walking frame as a support, to pull yourself up out of the chair.